Asthma F/U

A/P

Patient reports a history of asthma for many years

Is currently taking: {\_}

Has taken: {\_}

Has not had a PFT done recently

Not currently experiencing any symptoms

Assessment of severity:

---Intermittent Asthma: Symptom frequency < 2/week, < 2 nighttime wakings per month, no interference with daily activities

---Mild Persistent: Symptoms frequency > 2 times/week, but not daily, nighttime wakings 3-4 times per month, minor limitation in daily activities

---Moderate Persistent: Daily symptoms, waking 1 time per week at night, some limitations in activities

---Severe persistent: daily symptoms, waking every night, extreme limitation in activities

Step Treatment for Asthma:

---Step 1: Intermittent: No daily therapy, SABA or ICS/Formoterol as needed

---Step 2: Mild persistent: Low dose daily ICS and SABA PRN, or Daily ICS/Formoterol and use ICS Formoterol for flares

---Step 3: Moderate Persisitent: Daily and rescue therapy of low dose ICS/formoterol, or daily medium dose ICS and SABA as rescue

---Step 4: Moderate/severe persistent: Medium dose ICS/formoterol for daily and rescue, or medium dose ICS/LABA daily and SABA for rescue

---Step 5: Severe Persistent: Medium to high dose ICS/Formoterol, LAMA (tiotropium) daily, and SABA for rescue

---Step 6: Consider adding biologics, patient should be with pulm at this point

Patients severity is currently: {\_}

-continue current medications of: {\_}

- consider adding monteleukast,

The above was based on GINA guidelines for the management of outpatient Asthma.