Diabetes A/P

Discussed with patient the importance of strictly controlling diabetes with a goal A1C of < 7.0% (7.5% if >75 years of age).

We discussed how tight control of A1C with a goal of <7.0% will help reduce their chance of developing blindness, cardiovascular disease, kidney failure, and will help their body heal wounds and reduce inflammation at a much faster rate.

Patient verbalized understanding of the importance of managing diabetes

Discussed with patient that if at any time their A1c is 9 or higher I would recommend an injectable medication, primarily insulin.

Latest A1c: {\_}

Last Albumin/Creatinine: {\_}

Last BUN and Creatinine: {\_}

Foot exam: normal

Eye Exam: Recommend patient see ophthalmologist for diabetic eye exam, patient verbalized understanding of this and will set up appointment

Statin: Yes {\_} No

Patient is currently taking: {\_}

Plan to:

-Continue above meds

-Check labs as below Today {\_} At F/U visit

- IF A1C not at goal then we will consider: adding additional medications, working on lifestyle changes, or a combination of the two.

HPI

They have no concerns with their medications, they have been taking this current regimen for a while they report.

Patient declines any adverse effects from medicines.

They report that they try to watch what they eat regularly and pay attention to lower sugar foods.

Sugar checks at home have been between: 80-120 {\_} 120-150 {\_} 150-180 {\_} &gt;180